Practicing the Spiritual Disciplines

Bible Reading:

This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do all that is written in it.

Joshua 1:8

Prayer: ...praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints...

Ephesians 6:18

Scripture Memorization:

My son keep my words and treasure up my commandments with you;

keep my commandments and live keep my teaching as the apple of your eye;

bind them on your fingers write them on the tablet of your heart.

Proverbs 7:1-3

Bible study and prayer are not ends in themselves - they are tunnels to walk through in order to draw near to God.

Use this calendar to help you track your progress and growth. Set a goal for Bible Reading (B), for prayer (P), and for Scripture Memorization (M). Mark your calendar with BPM on days you meet your goal. On days you exercise a spiritual discipline but don't meet your goal use a lower case b,p,or m. On those days that you do not practice one of these spiritual disciplines leave that letter blank Bp_

